

## **Penguin Program Plan**

Sandcastle Child Care is licensed to provide care from 6:30am to 6:00pm, Monday through Friday, 12 months per year. Sandcastle is licensed for 120 preschool children. The preschool age groups are divided into 6 classrooms. The Penguin room is age 31 months to 3 years old. We operate our preschool rooms at a 1 to 8 ratio. Teachers post a weekly lesson plan using the Creative Curriculum.

Children in the Penguin room are supervised at all times by a qualified teaching staff member. The staff interacts with the children during play and activities while providing age-appropriate learning experiences for each child's physical, intellectual, social and emotional developmental needs in a loving, caring environment.

Our program is arranged to accommodate children individually, in small groups and large groups to facilitate a wide variety of activities and experiences. Staff members encourage child selected activities and experiences while, requiring children to participate in group activities is limited.

Assessments are written 3 times per year using Focused Portfolio Assessment tool. The parent is asked to sign a copy of the assessment form, which is then put into the child's file, a copy is also given to the parent. Parents of children that are not yet potty trained are also provided a daily sheet outlining their child's changing activities for each day in attendance. Parents are encouraged to participate in any part of their child's day at Sandcastle. A wide variety of families and cultural backgrounds are represented in the classroom. We welcome parents to participate in representing their families and cultural backgrounds in the classroom.

This plan will be available for parents to review at all times. This plan will be reviewed and evaluated annually by the classroom staff and the Director.

In the Penguin room we:

- Encourage awareness of and positive feeling towards self, others and the environment.
- Encourage children to initiate activities, ask questions, make limited choices and solve problems independently.
- Encourage and promote self-expression through language, art, music, and play.
- Provide a variety of activities (art, stories, finger play, songs, movement, language, math and science) that will reinforce and extend concepts and skills.

- Provide an environment that is:
  - Predictable-well defined activity areas, labeled items
  - Child centered-child sized equipment, self-selection in activities, child's artwork displayed.
  - Multicultural and non-sexist
  - Balanced-active and quiet times, indoors and outdoor play, structured activities
  
- Provide a program that can meet the needs of each individual child.

The Penguin classroom will be divided into learning areas that provide children with a variety of learning experiences and materials. Children will choose their own activities and whether to work and play independently or in small groups. The following is a list of specific learning areas, objectives for each, and materials that will be used to meet the objectives.

### **Art**

#### Objectives:

1. Encourage individual expression and creativity.
2. Offer opportunities to explore a variety of media in a variety of ways.

#### Materials:

easels, various paints and painting materials, scissors, pencils, crayons, markers, chalk, play-dough, glue, craft materials, pipe cleaners, cookie cutters, utensils, yarn, ribbon, cotton balls, tissue paper, 'junk' items, theme related materials, art related books

### **Blocks**

#### Objectives:

1. Promote fine motor and coordination skills.
2. Encourage creativity by sorting, stacking, and building.

#### Materials:

large wooden blocks, Legos, small vehicles, animals, toy people, theme related materials, construction/building related books

### **Toys and Games**

#### Objectives:

1. Develop problem solving skills
2. Encourage children to explore patterns

#### Materials:

puzzles, stacking cubes, brads, matching, magnetic boards, lotto and board games.

## **Dramatic Play**

### Objectives:

1. Encourage dramatic play and role-playing.
2. Develop language/socialization skills.
3. Provide practice in dressing skills.

### Materials:

small table, chairs, kitchen appliances, toy dishes and utensils, plastic food, dolls and doll clothing, ironing board and iron, telephone, hats, clothing and accessories, camera, a full length mirror, assorted theme-related materials, writing materials, theme related books

## **Large Muscle/Outdoor**

### Objectives:

1. Develop large and small muscle coordination.
2. Develop balance, posture, and strength.
3. Provide an outlet for energy.

### Materials:

balls, climbing equipment, beanbags, bikes, riding vehicles, tumbling mats, jump ropes, music source

## **Library**

### Objectives:

1. Promote language and reading readiness skills.
2. Develop an appreciation for literature.

### Materials:

cozy seating area, stuffed animals, rotating set of books, book-on-tape sets, puppets, flannel board with flannel board pieces/stories, family/baby pictures

## **Music and Movement**

### Objectives:

1. Develop skills of expression, rhythm, and listening.
2. Develop understanding and appreciation of all music.

### Materials:

rhythm instruments, tape recorder/compact disc player and cassettes/compact discs, variety of songs, 'voice', multicultural instrument cards, multicultural dance cards

## **Discovery**

### Objective:

Encourage children to reason, analyze, explore and classify.

### Materials:

magnets and magnetic objects, balance scale, prism, magnifying glasses, kaleidoscopes, sensory bottles, live animals, rocks, shells, sound and scent containers, variety of sensory materials, sound cubes, theme related materials, writing tools, science related books

## **Sand and Water**

### Objectives:

1. Help children gain an understanding of people and how they live
2. Introduce children to first hand exploration of physical science

### Materials:

sand, water, sensory table, measuring cups, spoons and other materials

## **Cooking**

### Objectives:

1. Expand children's vocabulary and language
2. Encourage children to use data collection and organization

### Materials:

recipe card, materials, listed on recipe cards

## Penguins Daily Schedule

6:30 - 8:30	Arrival and Greeting / Free Play ( <i>this time frame includes time for clean-up and to read a story</i> )
8:30 - 8:45	Handwashing and Diapers
8:45 - 9:15	Breakfast
9:15 - 10:30	Free Play / Art / Small Group Activities – Lesson plan activities carried out in the classroom
10:30 - 10:50	Group Time – Includes Calendar / Who’s Here? / Letter of the Week
10:50 - 11:00	Handwashing and Diapers
11:00 - 11:40	Lunch
11:40 - 12:45	Outside or ( <i>In Case of Bad Weather</i> ) 11:40 – 12:15 - Table Toys and 12:15 – 14:45 Gym
12:45 - 1:00	Bathrooms and Diapers / Story Time / What Is It Bag
1:00 - 3:00	Nap Time and Quiet Activities / Diapers
3:00 - 3:30	Snack
3:30 - 4:15	Free Play
4:15 - 4:30	Stories and Feelings
4:00 - 6:00	Outside / Large Muscle/ Free Choice / Depart

Schedules are subject to change based on the needs of the children. Library and Art rooms are used at the discretion of the teachers for small group or large group activities during small group or free choice. No more than 18 children can be in the Art or Library rooms at one time.

Intentional Transitions are embedded throughout the daily schedule.

Outside time is weather permitting. Schedule will be adjusted if outside time is not possible. This Program Plan will be reviewed once a year by both the teaching staff and the Director.

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Director: \_\_\_\_\_

Date: \_\_\_\_\_