

SANDCASTLE I and II SPRING/SUMMER MENU – WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Whole Grain Cheerios Pears Milk	French Toast Sticks Fruit Cocktail Milk	Life Cereal Bananas Milk	Whole Grain Cinnamon Toast Peaches Milk	Whole Grain Pancakes w/ Syrup Applesauce Milk
LUNCH	Macaroni and Cheese w/ Ham Green Beans Pineapple Milk	Whole Grain Popcorn Chicken Baked Beans Apples Milk Infants: Applesauce	Turkey and Cheese Soft Shell Tortilla Cucumber Slices Watermelon Milk	Ham Patty Oranges Hash browns Whole Grain Roll Milk Infants: Peaches	Egg Salad Sandwich on Whole Grain Bread Mixed Veggies Tropical Fruit Milk Infants: Ham & Cheese Sandwich
SNACK	Goldfish Crackers Apples Water Infants: Applesauce	Carrots w/ Dip Pretzels Apple Juice	Cottage Cheese Ritz Crackers Water	Pita Bread w/ Hummus Apple Juice	Cucumbers w/ Dip Cheez-Its Milk

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS – SCHOOL AGE