

SANDCASTLE I and II SPRING/SUMMER MENU – WEEK 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| BREAKFAST | Life Cereal Pears Milk | Whole Grain Pancakes w/ syrup Peaches Milk | Frosted Mini Wheats Bananas Milk | Whole Grain English Muffin w/ jelly Fruit Cocktail Milk | Waffles w/ syrup Applesauce Milk |
| LUNCH | Whole Grain Pollack Squares Peas Apples Milk Infants: Turkey, Cheese, Whole Grain Crackers, Pineapple | Chicken and Brown Rice Hot Dish Mixed Vegetables Oranges Milk Infants: Mandarin Oranges | Ham and Cheese Sandwich on Whole Grain Bread Honeydew Melon Broccoli Milk | Elbow Macaroni w/ Ground Beef & Spaghetti Sauce Corn Mandarin Oranges Milk | Sloppy Joe on a Whole Grain Bun French Fries Tropical Fruit Milk |
| SNACK | Cheese Slices Ritz Crackers Water | Whole Grain Cheez-Its Apple Juice | Blueberry Yogurt Graham Crackers Water Infants: Pears | Mini Bagel w/ Sunbutter Milk | Tortillas w/ Cheese Slices Water |

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS – SCHOOL AGE