

SANDCASTLE I and II LENT MENU (March 20th – March 24th)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Corn Flakes Fruit Cocktail Milk	Whole Grain Waffle Sticks w/ Syrup Peaches Milk	Whole Grain Mini Pancake Wraps Mandarin Oranges Milk Infants: Pancakes	Rice Chex Bananas Milk	Toast w/ Jelly Pears Milk
LUNCH	Whole Grain Breaded Pollack Sticks Broccoli Pears Milk Infants: Turkey and Cheese Crackers	Hamburger and Gravy over Mashed Potatoes Buttered Bread Pineapple Milk	Chicken Noodle Soup and Mixed Vegetables (Homemade) Saltine Crackers Apples Milk Infants: Peaches	Chicken Nuggets with Whole Grain Breading French Fries Oranges Milk Infants: Pears	Whole Grain Cheese Quesadilla Salsa Mixed Fruit Salad Black Beans Milk
SNACK	Rice Krispie Bars Milk	Carrots and Dip Club Crackers Milk Infants: Tropical Fruit	String Cheese Whole Grain Cheez-Its Water	Soft Pretzels w/ Cheese Apple Juice	Salami Saltine Crackers Water

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS / PRESCHOOL