

SANDCASTLE I and II LENT MENU – (March 13th – March 17th)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Corn Flakes Applesauce Milk	Whole Grain Mini Pancake Wraps Peaches Milk Infants: Pancakes	Rice Krispies Pears Milk	Oatmeal Bananas Milk Infants: Cheerios	Whole Grain Waffle Sticks w/ Syrup Fruit Cocktail Milk
LUNCH	Vegetable Beef Soup (homemade) Whole Grain Dinner Roll Apples Milk Infants: Pears	Ham Patty Sweet Potatoes Man. Oranges Whole Grain Hamburger Bun Milk	Meatballs Egg Noodles Broccoli Tropical Fruit Salad Milk	Whole Grain Mini Chicken Corn Dogs Baked Beans Oranges Milk Infants: Chicken Nuggets, Mandarin Oranges	Grilled Cheese on Whole Grain Bread Tomato Soup Peas Pineapple Milk
SNACK	Animal Crackers Milk	Flour Tortilla Cheese Slices Water	Chocolate Chip Cookie Milk Infants: Vanilla Wafers	Blueberry Muffin Milk	Carrots w/ Dip Pretzels Apple Juice

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS / PRESCHOOL