

SANDCASTLE I and II LENT MENU (March 6th – March 10th)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Corn Flakes Mixed Fruit Salad Milk	Whole Grain Oatmeal Fruit Cocktail Milk Infants: Cheerios	Rice Chex Pineapple Milk	Whole Grain French Toast Sticks w/ Syrup Peaches Milk	Whole Grain English Muffin Applesauce Milk
LUNCH	Whole Grain Turkey Sausage Pizza Spinach Peaches Milk	Hamburger Chow Mein Hot-dish w/ Whole Grain Rice/Chow Mein Noodles Carrots Pears Milk Infants: Mixed Vegetables	Soft Shell Taco w/ Chicken, Lettuce, and Cheese, and Salsa Black Beans Bananas Milk	Salisbury Steak Buttered Bread Mashed Potatoes w/ Gravy Green Beans Apples Milk Infants: Fruit Salad	Scrambled Eggs and Cheese Hash Browns Oranges Buttered Bread Milk Infants: Chicken Nuggets
SNACK	Club Crackers Cheese Water	Banana Pudding Vanilla Wafers Milk	Whole Grain Mini Cinnamon Bagels Milk	Oatmeal Cookie Milk Infants: Sugar Cookie	Goldfish Crackers Apple Juice

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS / PRESCHOOL