

SANDCASTLE I and II LENT MENU (March 1st – March 3rd)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Whole Grain Cheerios Pears Milk	Whole Grain Waffle Sticks Applesauce Milk	Rice Chex Peaches Milk	Whole Grain Pancakes w/ Syrup Bananas Milk	Whole Grain Banana Bread Pineapple Milk
LUNCH	Whole Grain Popcorn Chicken Fruit Cocktail Green Beans Milk	Beef Hot Dog on Tortilla Baked Beans Mandarin Oranges Milk Infants: Ham and Cheese	Fish Sticks French Fries Oranges Milk Infants: Bananas	Elbow Macaroni w/ Ground Beef and Spaghetti Sauce Collard Greens Apples Milk Infants: Peaches	Tuna Noodle Hot Dish Carrots Peaches Milk Infants: Chicken Noodle Hot Dish
SNACK	Graham Cracker Strawberry Cream Cheese Milk	Whipped Cream Fruit Salad Vanilla Wafers Water	Corn Flakes Blueberry Yogurt Water	Cheese on Cheese Crackers Apple Juice	Club Crackers Carrots and Celery w/ Ranch Dip Milk

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS / PRESCHOOL