

SANDCASTLE I and II WINTER MENU – WEEK 5

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Whole Grain Cheerios Applesauce Milk	Whole Grain Pancakes Peaches Milk	Waffle w/ Syrup Fruit Cocktail Milk	Whole Grain Toast w/ Jelly Bananas Milk	Cream of Wheat Pears Milk Infants: Cheerios
LUNCH	Chicken and Dumpling Hot Dish w/ Pita Bread Mixed Vegetables Biscuit Apples Milk Infants: Pears	Meatballs Egg noodles Broccoli Tropical Fruit Salad Milk	Grilled Cheese on Whole Grain Bread Tomato Soup Peas Pineapple Milk	Whole Grain Mini Chicken Corn Dogs Baked Beans Oranges Milk Infants: Chicken Nuggets, Mandarin Oranges	Ham Patty Sweet Potatoes Fries Man. Oranges Whole Grain Dinner Roll Milk
SNACK	Hardboiled Egg Whole Grain Saltine Crackers Water	Whole Grain Tortilla Cheese Slice Milk	Cinnamon Applesauce Graham Crackers Milk Infants: Vanilla Wafers	Carrots w/ Dip Pretzels Apple Juice	Apple String Cheese Water Infants: Fruit Salad

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS / PRESCHOOL