

SANDCASTLE I and II WINTER MENU – WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Whole Grain Frosted Mini Wheats Tropical Fruit Salad Milk Infants: Kix	Whole Grain Oatmeal Fruit Cocktail Milk Infants: Cheerios	Whole Grain Kix Pineapple Milk	French Toast Sticks w/ Syrup Peaches Milk	English Muffin Applesauce Milk
LUNCH	Turkey Sausage Pizza Spinach Peaches Milk	Whole Grain noodles w/ diced Chiken, mozeralla & Spaghetti sause Mixed Veggies Apples Milk	Turkey and Cheese Sandwich Baby Carrots Orange Milk Infants: Fruit Salad & Cooked Carrots	Soft Shell Taco w/ Whole Grain Tortilla, Chicken, Lettuce, and Cheese, and Salsa Corn Tropical Fruit Salad Milk	Hamburger Chow Mein Hot-dish w/ Whole Grain Rice/Chow Mein Noodles Mixed Vegetables Pears Milk
SNACK	Club Crackers Cheese Water	Whole Grain Goldfish Crackers Apple Juice	Cottage cheese Pears Milk	Banana Whole Grain Cheese-Its Milk	Sun butter Whole grain tortilla milk

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS / PRESCHOOL