

SANDCASTLE I and II WINTER MENU – WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Whole Grain Cheerios Fruit Cocktail Milk	Waffle w/ Syrup Peaches Milk	Whole Grain Life Cereal Mandarin Oranges Milk	Whole Grain Pancakes Bananas Milk	Whole Grain Toast w/ Jelly Pears Milk
LUNCH	Whole Grain Breaded Pollack Sticks Broccoli Pears Milk Infants: Turkey and Cheese Crackers	Hamburger and Gravy over Mashed Potatoes Buttered Whole Grain Bread Pineapple Milk	Chicken Noodle Soup and Mixed Vegetables (Homemade) Whole Grain Saltine Crackers Apples Milk Infants: Peaches	Chicken Nuggets with Whole Grain Breading Tator Tots Oranges Milk Infants: Pears	Whole Grain Cheese Quesadilla Salsa Mixed Fruit Salad Corn Milk
SNACK	Cheese Slice Ritz Crackers Milk	Carrots and Dip Club Crackers Milk Infants: Tropical Fruit	Vanilla Yogurt Graham Crackers Water	Soft Pretzels w/ Cheese Apple Juice	Salami Whole Grain Saltine Crackers Water

1 % milk is served to all children 2 years old and over

INFANTS (on table food) / TODDLERS / PRESCHOOL